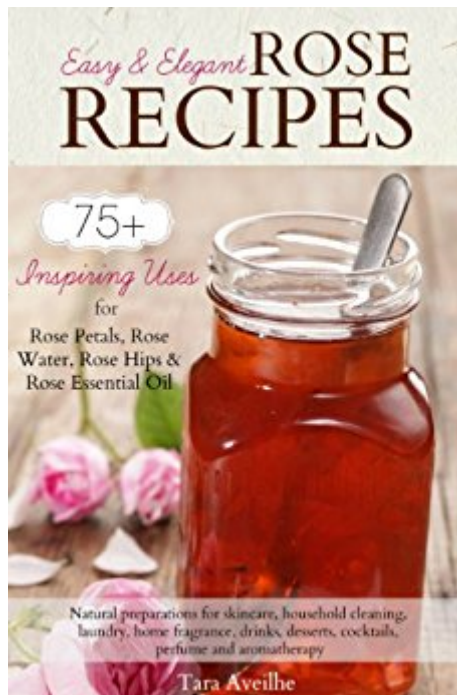


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Easy & Elegant Rose Recipes: 75+ Inspiring Uses For Rose Petals, Rose Water, Rose Hips & Rose Essential Oil



Synopsis

Create natural, aromatic recipes using rose petals, rose water, rose hips, and rose essential oil. In this book, you will:--Explore the intriguing history of the rose and discover why it has been so highly prized throughout the centuries.--Discover how to use rose petals, rose water, and rose essential oil in your kitchen for remarkable flavor and aroma.--Learn about the scientifically-proven benefits of roses and rose extracts for healing, skincare, and emotional health. --Gain a working knowledge of the various parts of the rose and varieties of rose extracts, including: rose otto, rose absolute, rose hip seed oil, and rose water (and discover the differences and advantages of each).--Enjoy over 75 simple and inspiring recipes for DIY beauty treatments, natural healing remedies, green household cleaning, laundry, home fragrance, drinks, desserts, cocktails, perfume, and aromatherapy blends. BONUSES: --A list of 20 quick and easy uses for roses that you can try right away!--An appendix filled with helpful sources and recommended links for high quality essential oils, dried rose petals and rose buds, culinary grade rose water, storage containers for all of your blends, supplies, and much more!

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Customer Reviews

Very informative.

The content of the book is wonderful. Thank you.

Nice, informative and lots of good ideas

Informative. Made me realize the full benefits of Rose, and each part has different distinction..depending on what one is looking for.

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